

QixE PRO DUO

cozzia®

USER MANUAL | CZ-718

Hello.

Congratulations on purchasing your new Qi XE Pro Duo.

At Cozzia we understand that every body is different and have carefully designed your massage chair with that in mind. But enough about us, this is about you. Learning how to use your new chair is simple (we designed it that way).

So let's get started.

Scan QR Code to Visit Website



Scan QR Code for Operation Video



Scan QR Code for Service Support



For replacement parts and tech support, please call our service and warranty phone number, or visit www.cozzia.com

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SAFETY PRECAUTIONS

We're looking out for you.

IMPORTANT SAFETY INSTRUCTIONS

When using the massage chair, basic precautions should always be followed, including the following:
Read all instructions before using this massage chair.

DANGER - To reduce the risk of electric shock:

- Always unplug this massage chair from the electrical outlet immediately after using and before cleaning.
- Never use pins or other metallic fasteners with this appliance.
- Carefully examine the covering before each use. Call for service if the covering shows any sign of deterioration, such as blistering, peeling or cracking.
- Keep dry - do not operate in a wet or moist condition.

WARNING - To reduce the risks of burns, fire, electric shock or injury to persons:

- Read all instructions before using.
- A massage chair should never be left unattended when plugged in. Unplug from the outlet when it is not in use and before putting on or taking off parts.
- Close supervision is necessary when this massage chair is used by or near children or disabled persons. Keep children away from reclining backrest and extended leg rest.
- Use this massage chair only for its intended use as described in this manual.
- Never operate this massage chair if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Contact customer service department.
- Keep the cord away from heated surfaces.
- Never operate the massage chair with the air openings blocked. Keep the air openings free of lint, hair and the like.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the off position, then remove the plug from the outlet.
- Do not stand on or in the massage chair. Use only while seated.
- The product is not intended for use by children or persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the product by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the product.
- Temperatures sufficiently high to cause burns may occur regardless of the control setting. Do not use on an infant or invalid or on a sleeping or unconscious person. Check the skin in contact with the heated area of the appliance frequently to reduce the risk of blistering.
- Burns may result from improper use.
- Do not crush in order to avoid sharp folds.
- Keep children away from extended foot support (or other similar parts).
- DO NOT WET.
- DO NOT USE PINS.
- NEVER REMOVE COVER.
- Connect this appliance to a properly grounded outlet only. See Grounding Instructions.

SAVE THESE INSTRUCTIONS

This massage chair is intended for household use only.

1. Usage Environment

- Do not use the massage chair in an excessively humid or dusty environment as this may result in malfunction or electric shock.
- Do not use the massage chair in a room with a temperature of 104°F or higher.
- Do not expose the massage chair to heaters, stoves or direct sunlight.
- Place and use the massage chair on an even, non-slip floor.
- The massage chair is designed for home use and not for commercial purposes.



Caution

- This massage chair is to be used indoors only.
- If you use the massage chair in a cold room, do not increase the room temperature abruptly. It is recommended that you increase the temperature gradually to a normal level.
- If the massage chair is stored in a cold place and is being brought into a warm environment, it is advisable to wait for one hour before use. This is because its performance may not be at an optimal level, as there may be water droplets on the mechanical parts due to condensation. Using the massage chair under such conditions may result in malfunction.

2. Safety Precautions

- To ensure safe and correct use of the massage chair, do not operate it without reading this operation manual carefully.
- Do not use the massage chair when the upholstery or seat is removed. This may cause injury or malfunction.
- Do not use the massage chair in combination with other therapeutic equipment or electric blanket etc., as this may result in ineffectiveness or injury.
- Do not use the massage chair an hour before or after eating as this may have adverse effects on the user.
- Do not allow children or pets to play around the massage chair, e.g. behind the backrest, under the seat base or legrest of the massage chair. This may result in injury.
- Do not use the massage chair when your body is wet.
- Do not operate the massage chair with wet hands.
- It is not recommended to use the massage chair for more than 30 minutes.
- Do not perform continuous massage on the same spot of your body for more than 5 minutes at a time as this may result in excessive stimulation and may have adverse effects.
- Do not insert your hand or foot along the paths of the massage rollers during use as this may cause injury.
- Stop operation immediately if you feel any discomfort.
- This product is not intended for self-treatment of conditions that should be managed by a qualified health care provider.
- People on medication or with medical conditions, please consult your doctor before use.
- Please do not use the product if you are not feeling well.

3. People with Medical Conditions

Consult your doctor before use if you:

- Are under medical rest as ordered by a doctor.
- Have spinal disorders, an abnormal spinal condition or have suffered a spinal injury.
- Have back problems.
- Have diabetes, osteoporosis or sensory impairment.
- Have joint dysfunction such as rheumatism, hammertoe or gout.
- Have a pacemaker or other electronic medical devices.
- May be pregnant.
- Have phlebitis or thrombosis.
- Have an increased risk for blood clots.
- Had recent surgery.
- Have surgical pins, screws, or anything mechanical in the legs, ankles or feet.



Caution

- Avoid using the massage chair under the influence of alcohol.
- Do not apply massage rollers directly on the head, elbow or knee joints, torso or abdomen.
- If your legs or feet slip off the leg rest during massage, do not force them back in as this may result in injury.
- Remove the power plug from the electrical outlet immediately should liquid be accidentally spilled onto the massage chair. Do not use wet hands to connect or disconnect the power plug from the electrical outlet.
- Do not tamper with the power cord or use the massage chair with a damaged cord as this may result in malfunction and electric shock.

4. Instances When the Massage Chair Should Not Be Used

In the following events, please switch off the main power switch immediately and disconnect the power cord from the electrical outlet:

- If liquid is accidentally spilled onto the massage chair. This may result in electric shock or malfunction.
- If the fabric of the backrest is torn and the internal components are exposed.
- If pain or discomfort is felt during massage, stop operation immediately and consult your doctor.
- If you detect any malfunction or any other abnormal condition during operation.
- If there is power failure. Injury may occur when power is restored unexpectedly.
- If there is lightning.

5. Assembly and Repair of the Massage Chair

- Do not disassemble the backrest cover of the massage chair. Touching the internal components may result in malfunction or electrical shock.
- This massage chair must only be professionally serviced or repaired. Only disassemble or repair the massage chair if directed by a Cozzia service rep.

6. Things to Be Noted About the Power Plug and Cord

- Check that the Alternating Current (AC) voltage corresponds with the specifications indicated for the massage chair.
- Do not connect or disconnect the power plug from the electrical outlet with wet hands. This may result in malfunction or electric shock.
- When disconnecting the power plug, pull it by holding the plug, not the cord.
- Although operation will be stopped automatically by the Auto-Timer function, always remember to switch off the main power after use.
- Do not place the power cord under the massage chair or under any other heavy objects.
- Do not wind the power cord around the massage chair as this may damage the cord and result in a fire or electric shock.
- Do not operate the massage chair with a damaged cord or extension cord.
- Do not use the massage chair if the electrical outlet is loose.
- If the power cord is damaged, it should be replaced by a qualified technician.

FCC Statement

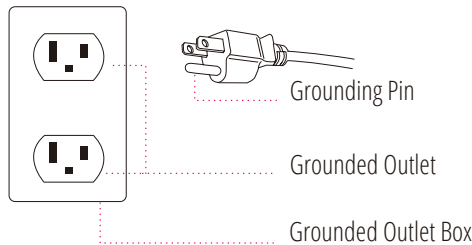
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

GROUNDING INSTRUCTIONS

This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for the electric current to reduce the risk of electric shock. This product is equipped with a cord that has an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

Danger - Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or service technician if it will not fit the outlet. Have a proper outlet installed by a qualified electrician.

This product is for use on a nominal 120V circuit and has a grounding plug that looks like that plug illustrated below. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.



TROUBLESHOOTING

This massage chair is controlled by a microcomputer and is thus susceptible to power surges of +10 to -15%. The following situations may arise in the event of a power surge:

Situation	Solution
The massage chair is connected to the power supply but is not functioning	<ol style="list-style-type: none"> 1. Check to see that the plug is properly connected and working 2. Ensure the massage chair switch is in the 'I' position
The remote control works but the massage chair is not functioning	Possible overheating due to prolonged use. Turn off the power for at least 30 to 50 minutes
Both the remote control and the massage chair are not functioning	<ol style="list-style-type: none"> 1. Ensure the chair is plugged into a working outlet 2. Turn the power OFF and ON again

If you continue to have problems, please read the warranty card and contact the Cozia service department.

PRODUCT CARE AND STORAGE

1. Storing the Massage Chair

- Wipe off dust and dirt from the massage chair with a dry, soft, clean cloth after use.
- Keep the massage chair clean and away from places of high humidity.
- If the massage chair is not to be used for a long period of time, cover the massage chair with a dust cover and unplug its power plug from the electrical outlet.

Caution

- Do not store the massage chair in direct sunlight or in places of high temperature. This may cause the color of the upholstery to fade.
- Do not allow the massage chair to remain in contact with vinyl or wallpaper for extended periods of time as this could lead to discoloration.

2. Cleaning the Massage Chair

- Before cleaning, ensure that the main power switch is off and the power plug is disconnected from the electrical outlet.
- Wipe off dust and dirt from the massage chair with a dry, soft, clean cloth after each use.
- This product can be cleaned thoroughly with a slightly damp cloth.
- Do not iron the upholstery.
- Do not wash the upholstery using a home washing machine as this may result in deterioration of the upholstery's quality.

Caution

- Do not use abrasive cleaning agents like benzene or thinner to clean the massage chair. This may cause the upholstery to fade.

3. Cleaning the Controller

- Use only a clean, dry cloth to clean the controller.

Caution

- Do not use a wet cloth to clean the controller. This may result in malfunction.

COZZIA CONSUMER WARRANTY

This Cozzia product has the following warranty:

The Cozzia Qi XE Pro Duo has a three-year in-home service and parts warranty. Cozzia customer service will not issue Return Material Authorizations (RMAs) for products. Cozzia products will be either repaired by the consumer or by an in-home technician. Cozzia will not issue Return Material Authorizations (RMAs) for buyer's remorse.

Service And Technical Support

Consumers may contact Cozzia's customer service department at 1-877-977-0656 between 9:00 am and 5:30 pm PST, Monday through Friday, email us at Service@cozziausa.com, or visit our website at www.cozzia.com for warranty or service issues.

Consumers are required to provide the unit serial number and dated proof of purchase (sales receipt) when they contact the Cozzia service department regarding a repair.

A Cozzia customer service representative will attend to most consumer inquiries, but in some cases a technical service specialist will provide advanced support.

Non-warranty repair is provided on a "per incident" basis. Cozzia customer service will verify that the unit has failed and provide instructions for repairing the unit. All applicable repairs, parts, shipping, handling, local tax and a "per incident" fee will be charged for non-warranty repairs and support calls.

Proof of purchase (original receipt) is required for all warranty repairs or service.

Extended Warranties:

Cozzia offers extended warranty programs to enhance the ownership of your massage chair. Please call Cozzia customer service at 877-977-0656 for details and pricing.

Product Repairs

- Floor Models and Demonstration Units have a prorated warranty period that begins the day the model is placed on the floor and connected to an electrical outlet by the retail partner. Proof of purchase is required in order to obtain warranty service and parts. Non-warranty parts and service are available at a "per incident" charge.
- Warranty Coverage Period - Warranty coverage starts at the time that the consumer PURCHASES their chair. Proof of purchase is required for all warranty repairs. The warranty time period is measured by continuous calendar days based on a seven-day week.
- Field Service - Cozzia customer service department will diagnose and schedule an authorized service provider to repair the chair in the consumer's residence.

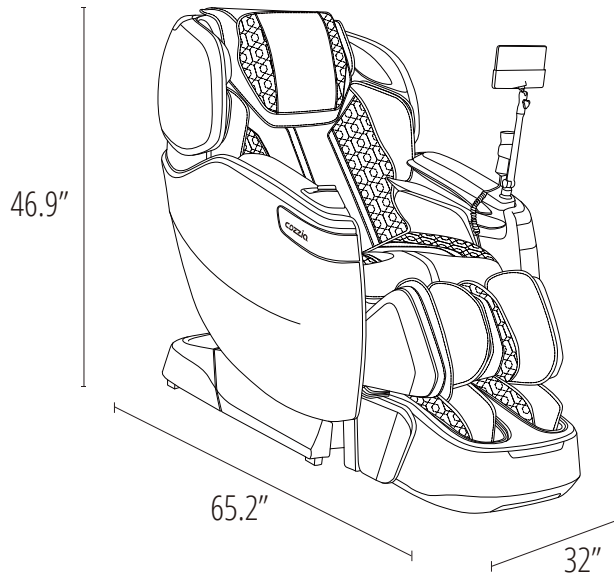
- Parts - All parts deemed necessary for repairs will be shipped to the consumer at no charge by the Cozzia service department. Some Cozzia product repairs may be performed by the consumer in their own home with parts and instructions supplied by Cozzia, such as remote controller replacements that don't require a technician.

CONSUMER WARRANTY LIMITATIONS AND EXCLUSIONS

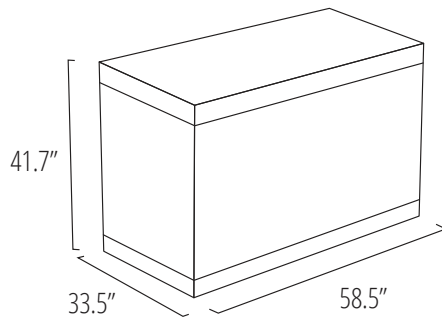
- Warranties are only valid in the 48 contiguous United States and Canada and are contingent upon the consumer operating the chair according to the corresponding instruction manual.
 - The warranty only applies to Cozzia products and does not include any accessories or enhancements.
 - Field service requires pre-approval and must be performed by Cozzia's authorized field service personnel.
 - Field service is only available in the United States and in major metropolitan areas in Canada.
 - Softening of foams and filling composites in pillows, pads, and memory foam occurs naturally and does not constitute a defect under this warranty.
 - Fading, wear and piling of fabrics occurs naturally and does not constitute a defect under this warranty.
 - Warranties do not cover any loss or damage resulting from improper installation, unauthorized repairs or modifications, improper use of electrical/power supply, loss of power, dropped product, a malfunction or damage of an operating part from failure to provide manufacturer's recommended maintenance, transportation damage, theft, abuse, misuse, neglect, vandalism or environmental conditions (fire, floods, rust, corrosion, sand, dirt, windstorm, hail, earthquake or exposure to weather conditions).
 - Warranties do not cover any loss during the time spent waiting for parts or repairs.
 - Damage due to shipping and handling does not constitute a defect under this warranty.
 - Under no circumstance shall Cozzia or its representatives be liable for indirect, consequential, or incidental damages (including damages for lost profits, business interruption, bodily injury, medical and the like).
 - Warranties are non-transferable.
 - Cozzia's sole liability and the purchaser's exclusive remedy shall be for the repair, or at Cozzia's option, for the replacement of the defective part.
 - Notwithstanding the above, if replacement parts for defective materials are not available, Cozzia reserves the right to make substitutions in lieu of repair or replacement.
-
- All warranties begin on the DATE OF PURCHASE; no allowance or extension is offered for delivery and/or installation.
 - Warranties do not apply to rental, business, commercial, institutional or other non-residential users.

DIMENSIONS

First, let's get your chair inside.

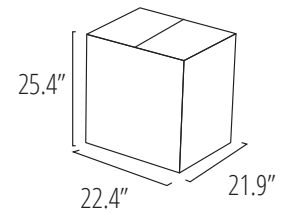


Box 1



Base & Backrest

Box 2



Footrest

CONTENTS

Everything you need for a relaxing experience.



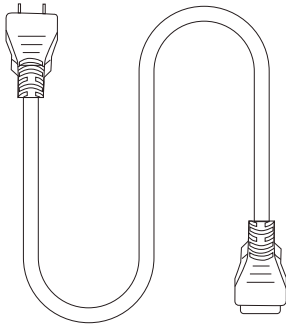
User Manual



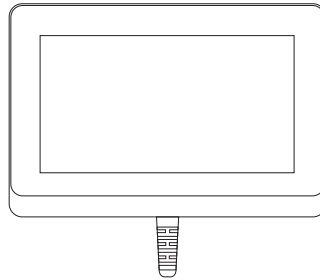
Installation Manual



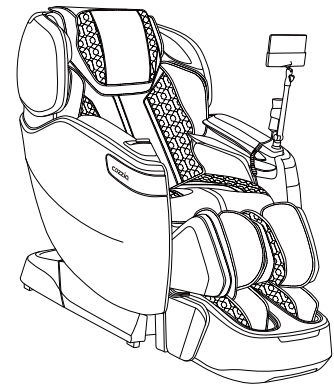
Warranty Postcard



Power Cord



Wired Touch-Pad

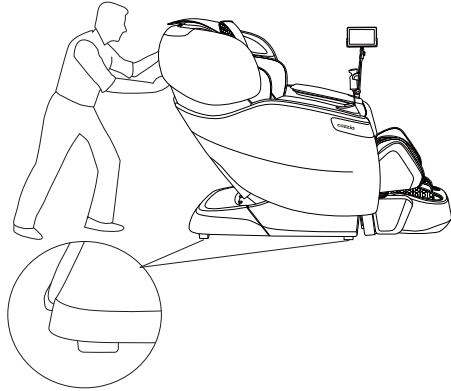


Qi XE Pro Duo Massage Chair

MOVE & CLEARANCE

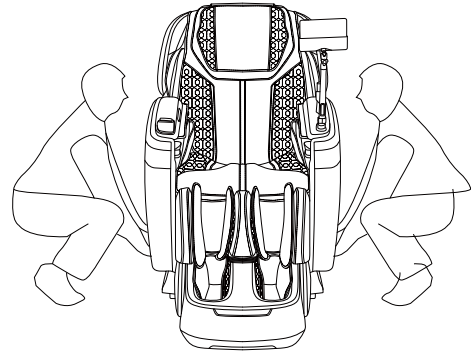
A few simple steps to find the best place for your new chair.

HOW TO MOVE



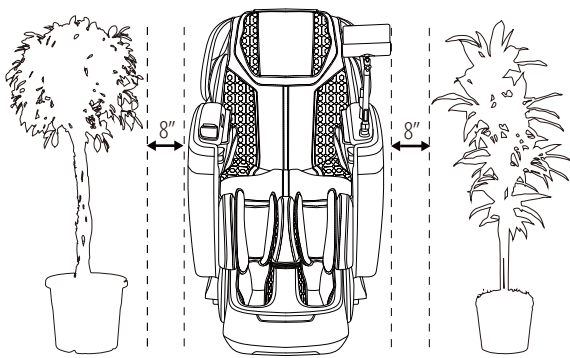
Move with a slight pull or push

Caution: If you roll the chair on wood floor, marks may be left

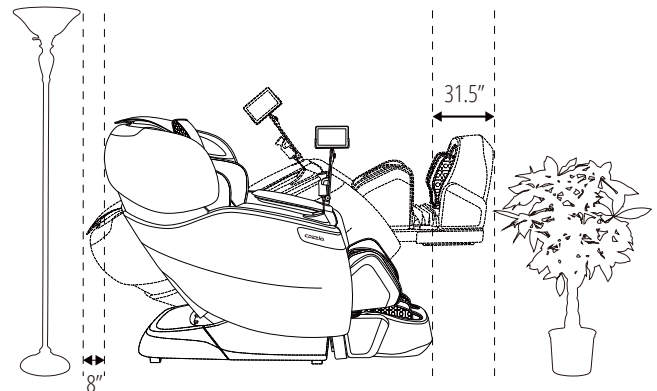


Two people are needed to lift the chair

CLEARANCE



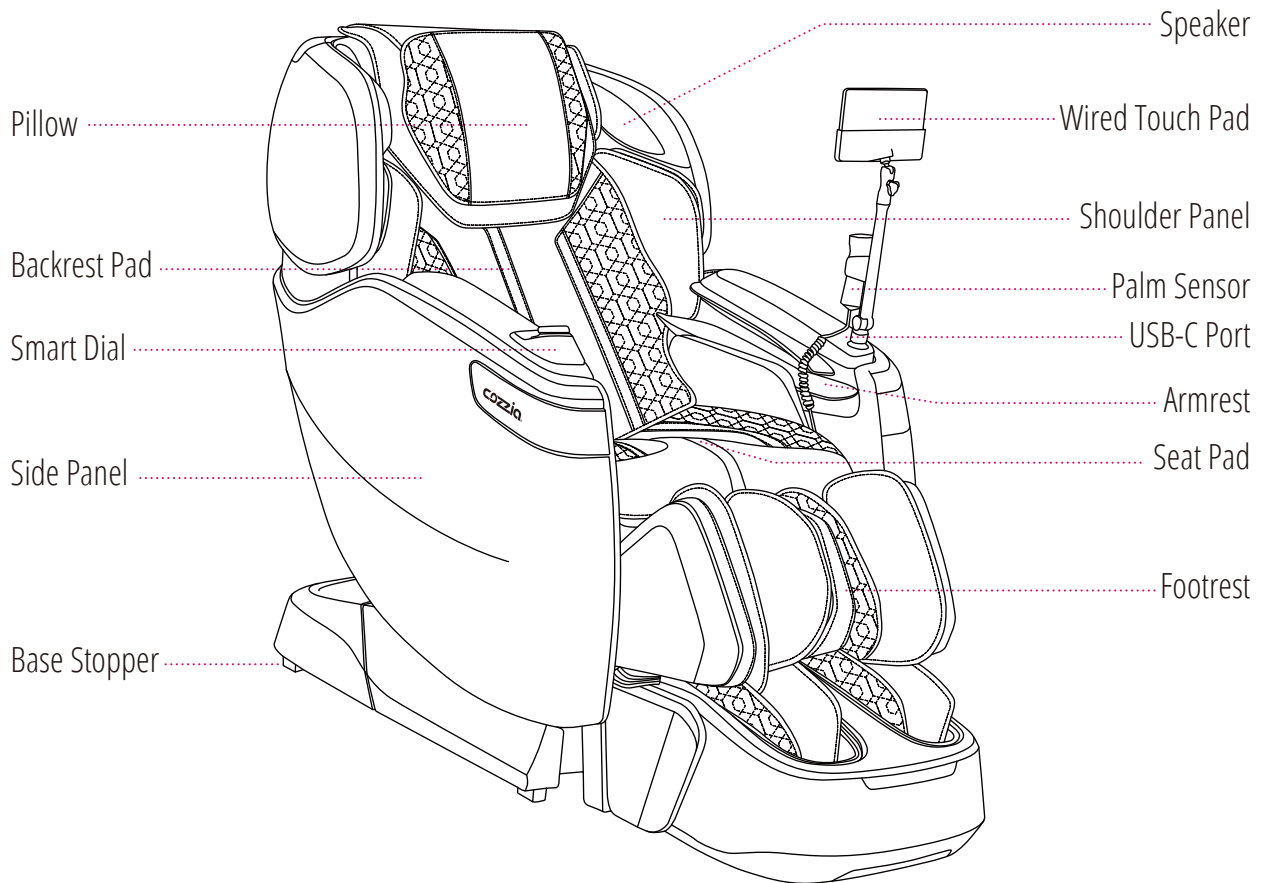
Reserve space on the left and right



Reserve space on the front and back

CHAIR COMPONENTS

Some of your chair's most important features.

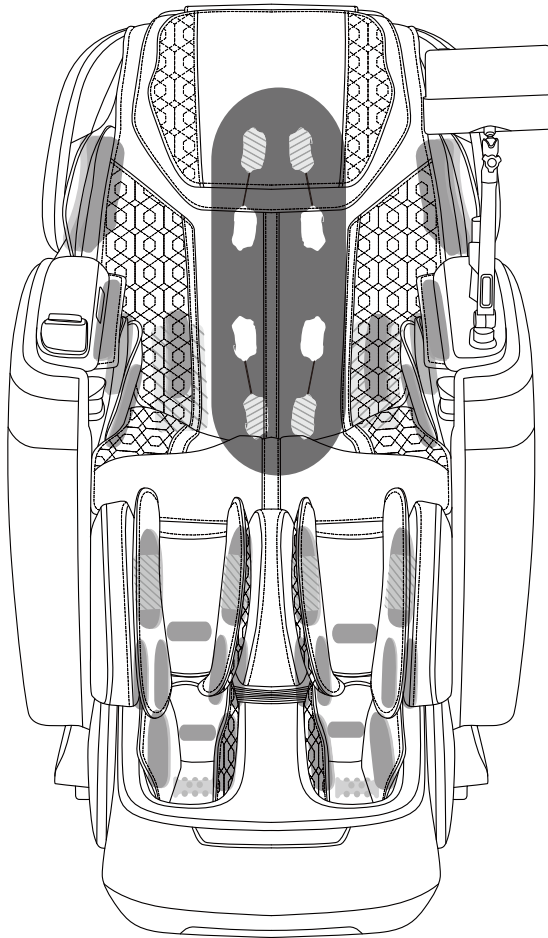


Note: The speaker will only operate when the massage chair is in operation



To play music using your massage chair's speakers, please connect your smartphone, tablet, or other electronic device to your chair using bluetooth. Note that the code to connect the bluetooth is "Qi XE Pro Duo".

MASSAGE POINTS



22 air bags
Heat on upper mechanism rollers,
lower mechanism rollers and lumbar

26 air bags
Heat on leg/knee

16 air bags
Foot rooler with stretching function



Back Massage Mode



Air Bag



Heater



Roller

CHAIR SPECIFICATIONS

A few important facts about your massage chair.



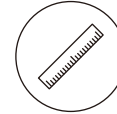
Model No.

CZ-718
Qi XE Pro Duo



Massage Time

5 to 30 minutes



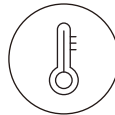
Dimensions (L x W x H)

Chair dimensions: 65.2" x 32" x 46.9"
Reclined dimensions: 78" x 32" x 38.3"



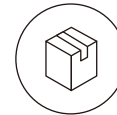
Shipping Weight

Gross weight: 339.3 lbs
Net weight: 289.9 lbs



Usage Condition

Environment temperature: 32°F – 104°F
Contrasting humidity: 30-85RH



Storage Condition

Storage temperature: 23°F – 95°F
Storage humidity level: 30-85RH



Rated Current

2.5A



Rated Voltage

110 - 120V



Rated Frequency

60Hz



Power of Monster Speakers

7W x 2



Length of Wiring

Power supply wiring: 70.9"



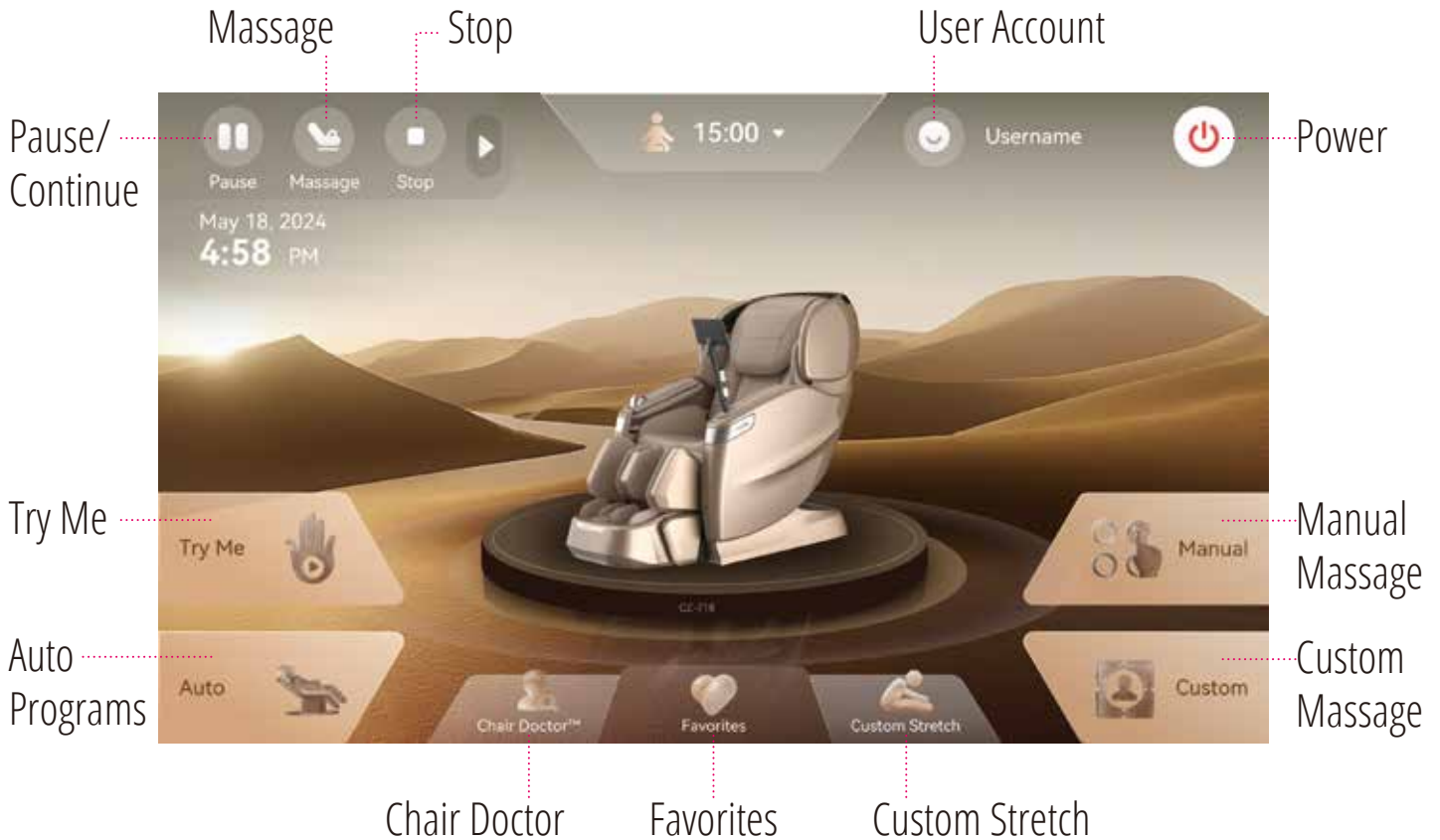
Safety Feature

Equipped with child safety lock,
leg rest safety sensor,
and overheating and power surge detectors

WIRED TOUCH-PAD INTERFACE

We have designed your massage chair's tablet controller with a user-friendly interface to make using your chair even easier.

Home Screen



Massage Controls

Air Bag Intensity

Massage Timer

Massage Name



Upper Mechanism
Massage Strength

Lower Mechanism
Massage Strength

Chair Angle
Adjustment

Foot Rollers

Heat

Light Color Variation

Select Air Bag Massage Area

Pulse Massage On/Off

TRY ME

In order to allow you to quickly understand your massage chair, we have created a Try Me program.



Choose the "Try Me" icon to start the Try Me program

Try Me Massage Interface



Shoulder Detection Interface



Using the arrows, you can adjust the standard shoulder position

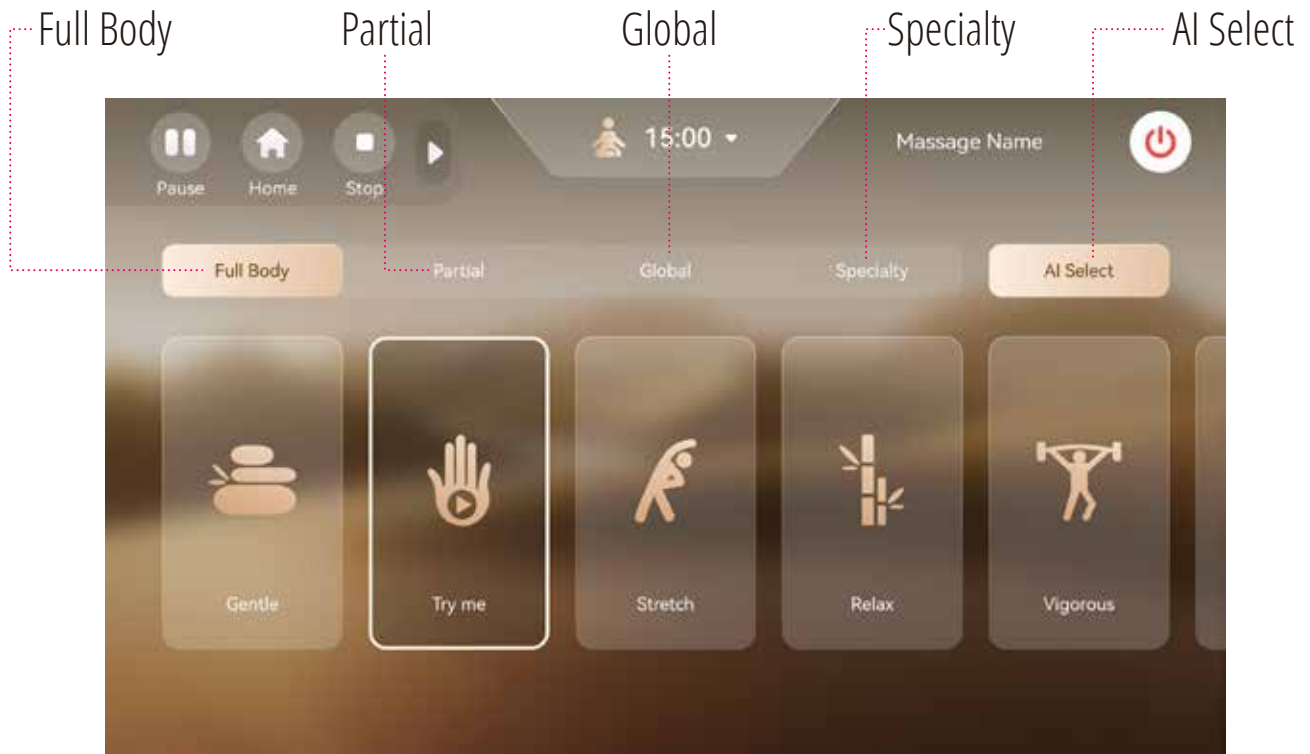
AUTO PROGRAMS

We have designed your chair with multiple massage options for your changing needs. Follow these simple instructions to begin a new auto massage program.



Choose the "Auto" icon to select your auto massage program

Auto Program Selection Interface



Choose 1 of our 25 auto massages

(Gentle, Try me, Stretch, Relax, Vigorous, Deep Tissue, Yoga Stretch, Joint Care, Neck&Shoulder, Lower Back, Upper Back, Lower Body, Hip&Waist, Swedish, Thai, Japanese, Chinese, Balinese, Spine Care, Recharge, Morning, Night, AI Design, Rolling, Post Workout)

MANUAL MASSAGE

Here you can choose a manual massage or an air compression massage program.



Choose the “Manual” icon to begin manual massage

Mechanical Massage Interface



The kneading massage can be combined with tapping, clapping or shiatsu massage

Air Massage Interface



CUSTOM MESSAGE

Every body is different. That's why we've given you the option to customize your massage to meet your specific needs. Follow these simple instructions to create a new custom massage.



Choose the "Custom" icon to create a massage program

Custom Massage Settings Interface 1



Select the massage area(s) that you prefer

Custom Massage Settings Interface 2



Select which massage actions you would like the upper or lower mechanisms to perform - the kneading massage can be combined with tapping, clapping or shiatsu massage

Custom Massage Settings Interface 3



Select the heat areas, temperature and massage strength that you prefer

Custom Massage Settings Interface 3



Select the chromotherapy light pattern that you prefer

Custom Massage Interface



After creating your custom program, you can click on the "Favorites" icon to name your custom program and save it to your favorites

CHAIR DOCTOR

An innovative tool that diagnoses your body tension, SpO2 (oxygen saturation), heart rate, and other metrics, to customize a treatment for your unique body.



Choose the "Chair Doctor" icon to take you to the Chair Doctor page

Chair Doctor Interface 1



Chair Doctor Interface 2



Chair Doctor Interface 3



Choose the "Start Therapy" icon to start your personalized treatment program

Historical Health Data



Choose the "Historical Health Data" icon to take you to the the data collected from your Chair Doctor scans

Health Data Interface



When you connect your chair to wifi, you are able to log in to your account to save your health data

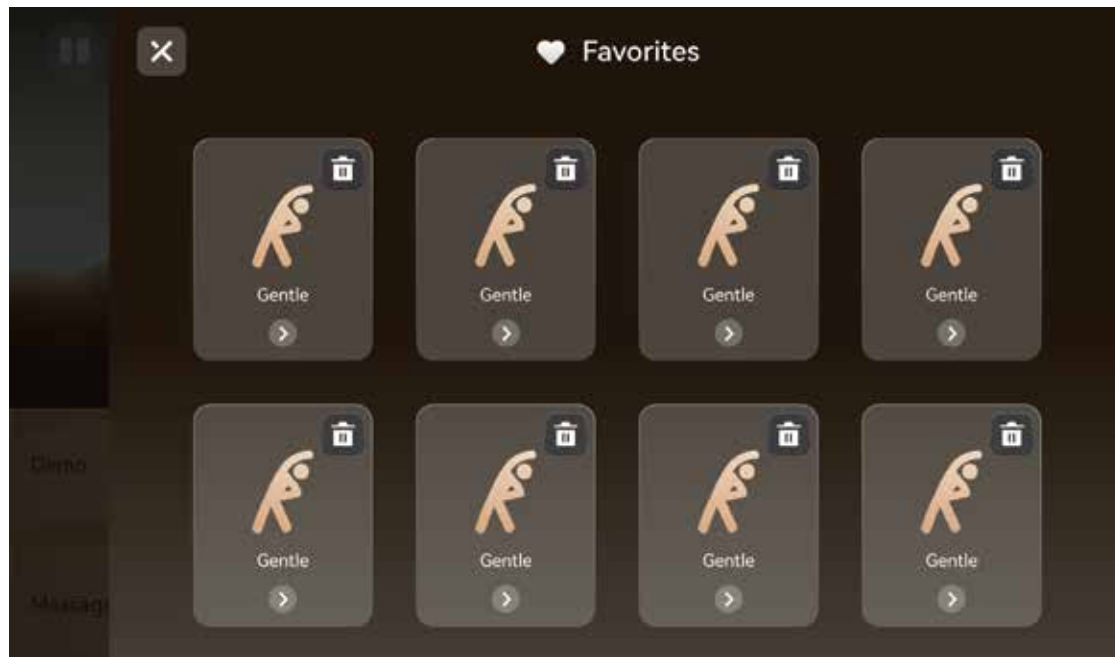
FAVORITES



Choose the “Favorites” button to take you to a page with all of the programs you have “favorited”

Connect to wifi and log in to your account to save your favorites

Favorites Programs Interface



Here are your saved favorite auto programs and custom programs

To delete any saved program, press and hold the icon of the program you want to delete and the trash symbol will appear

SETTINGS

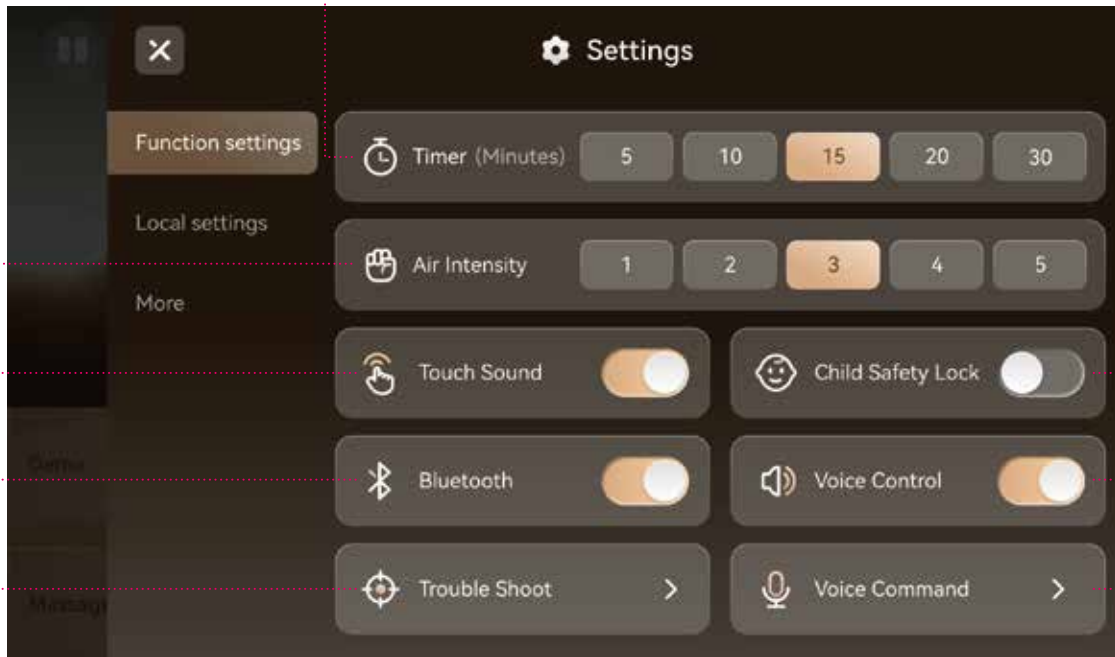


Choose the "Settings" icon to take you to the settings page

Function Settings Interface

Air Intensity Level

Message Time Adjustment



Trouble Shoot Detection Button

Voice Command Introduction

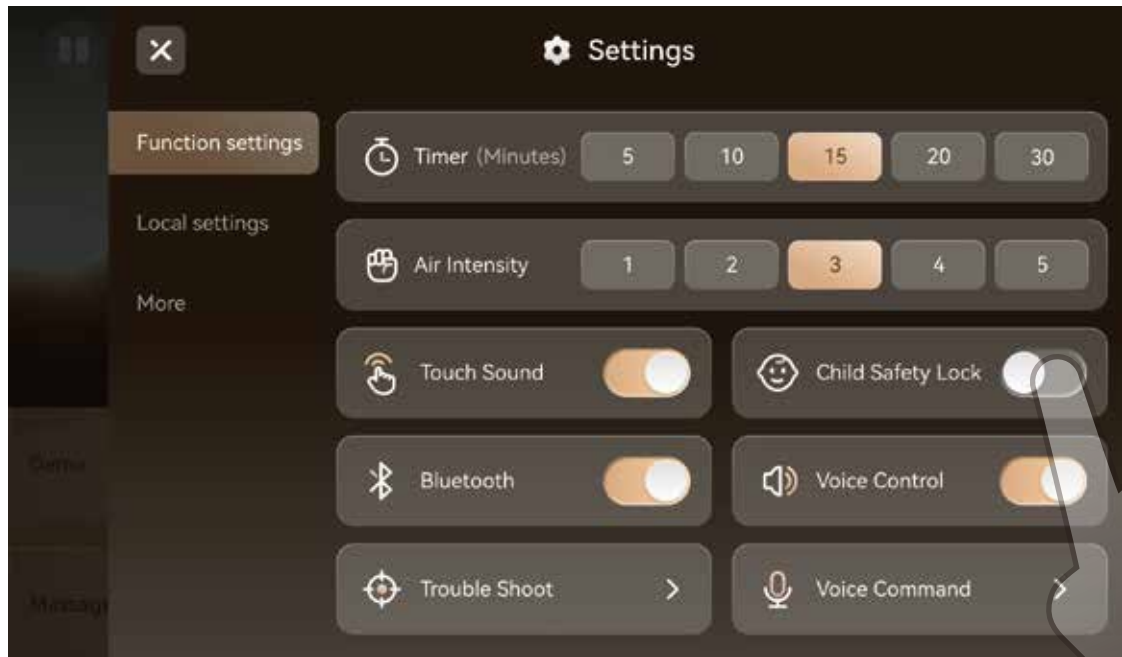
Bluetooth On/Off

Voice Control On/Off

Touch Sound On/Off

Child Safety Lock On/Off

Child Safety Lock



To disable this chair for child safety, turn on the child lock switch

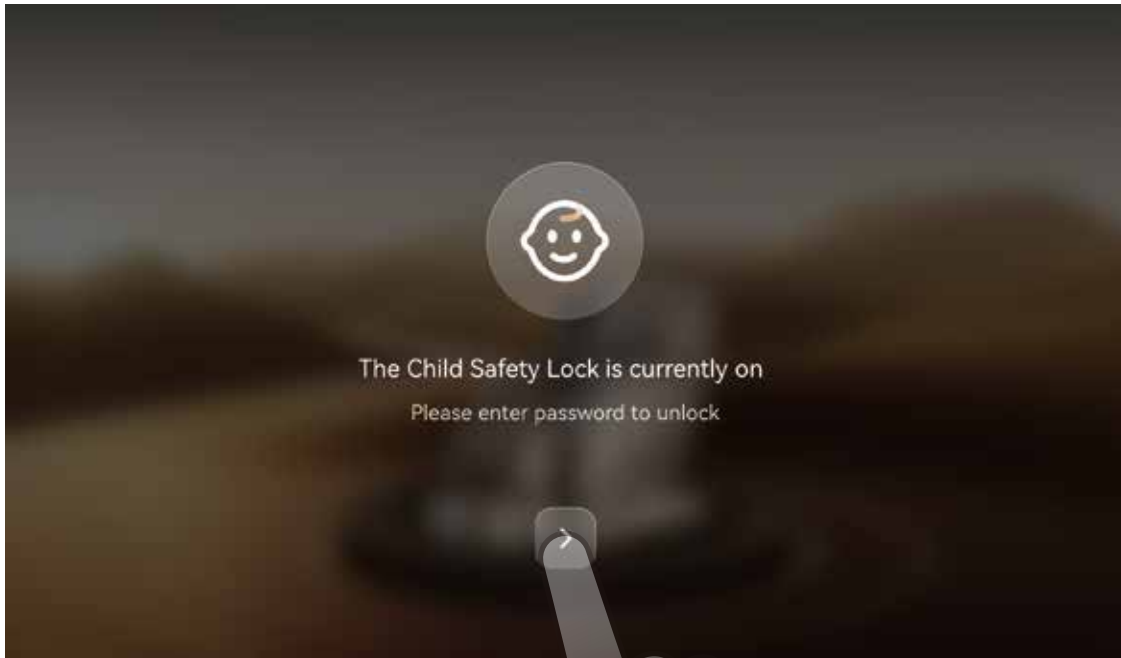
Child Safety Lock Settings Interface



Set a password and click the confirm button

When the child safety lock is on, the massage chair will be turned off and reset - all functions will be disabled

Child Safety Lock Unlock Interface 1



When the child safety lock is enabled, this screen will appear at startup

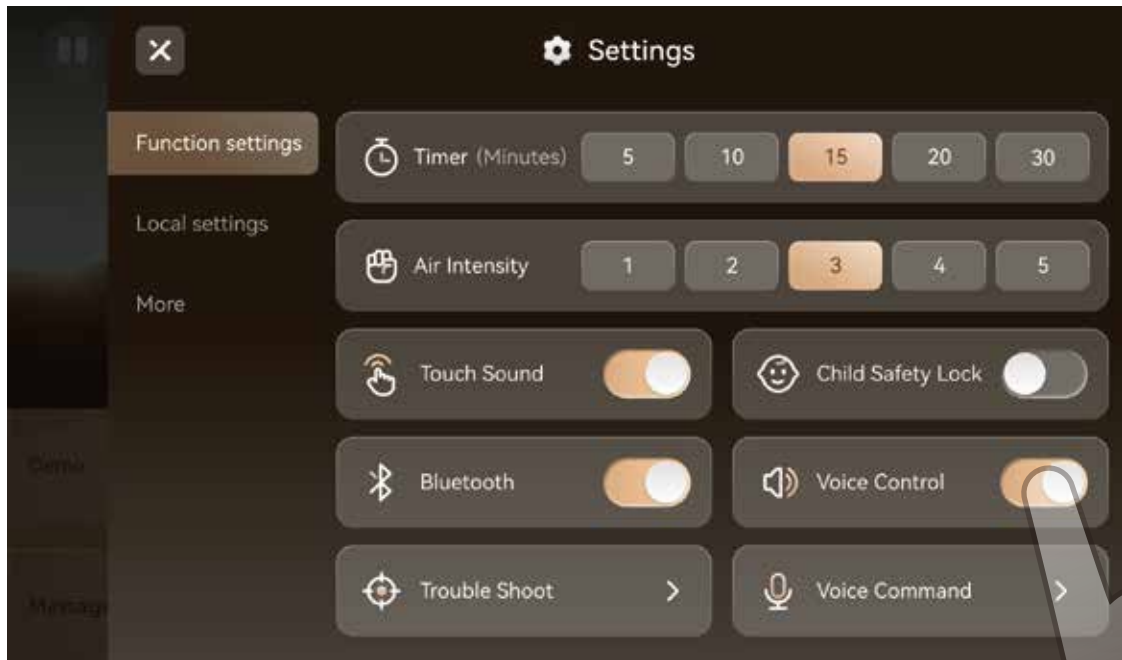
Child Safety Lock Unlock Interface 2



Please enter the password you set or "0304" to unlock your massage chair

If you don't need the child safety lock on anymore, go to the settings page to turn off this function

Voice Control Command



This chair supports a voice control function - to activate, turn on the voice control switch
The user will first need to speak the wake-up word, and then speak the voice command for the corresponding function of the chair
After receiving the voice command from the user, the chair will answer and perform the corresponding function

*Note: Offline voice control only supports English

Trouble Shooting



If your chair has any trouble, press the "Trouble Shoot" icon for the chair to automatically detect problem areas

Use the error code provided when contacting our customer service team

Trouble Shooting Interface 1



Choose "Start" icon and make sure the chair is not occupied during chair detection

Trouble Shooting Interface 2



Your chair is detecting possible malfunctions, please wait for the detection result

Trouble Shooting Interface 3

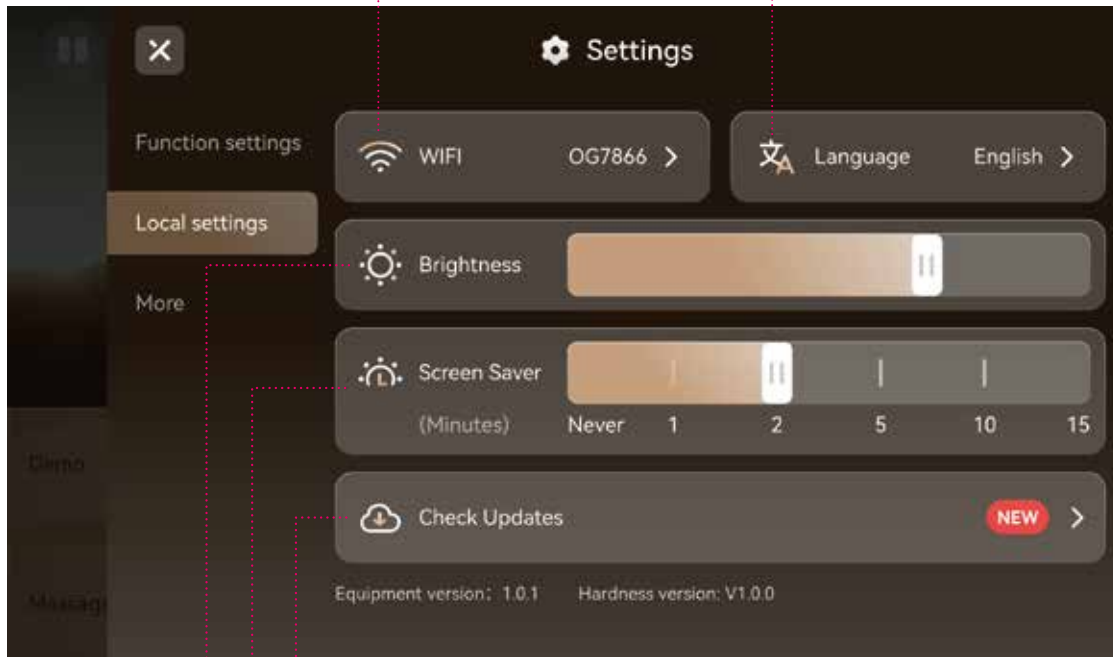


You can use your detection code when contacting the customer service team about your chair's problems

Local Settings Interface

Wifi Settings Button

Language Settings Button



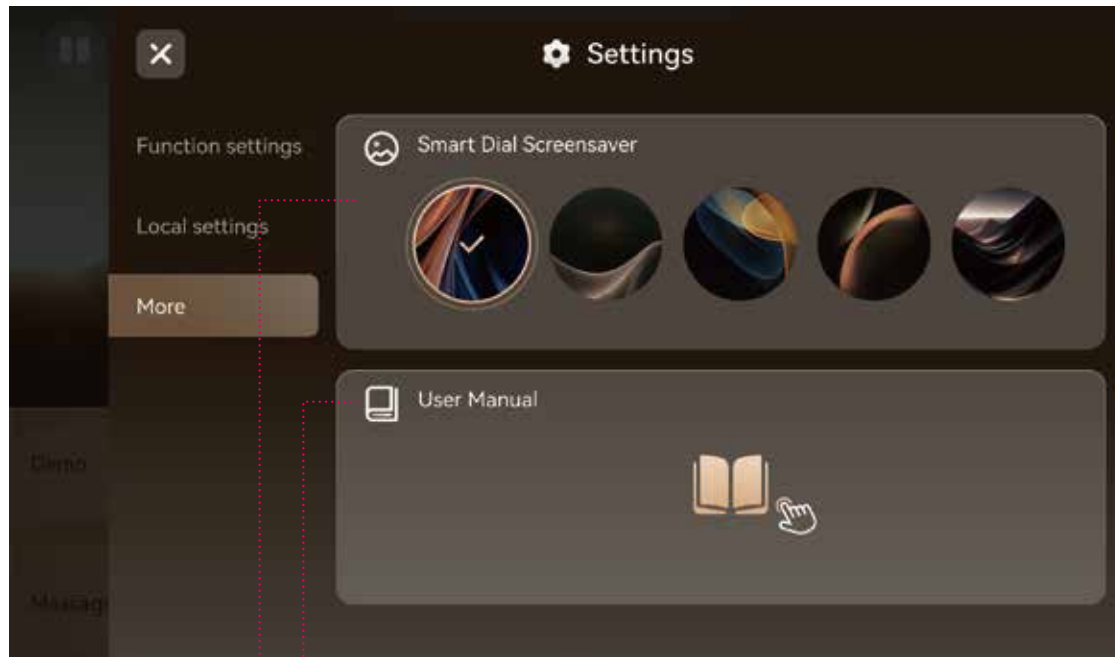
Software Upgrade Button

Screen Saver Adjust

Screen Brightness Adjust

A wifi connection is required to upgrade your software

More Settings Interface



User Manual

Smart Dial Screensaver

(You can choose a screensaver image for the Smart Dial)

USER ACCOUNT

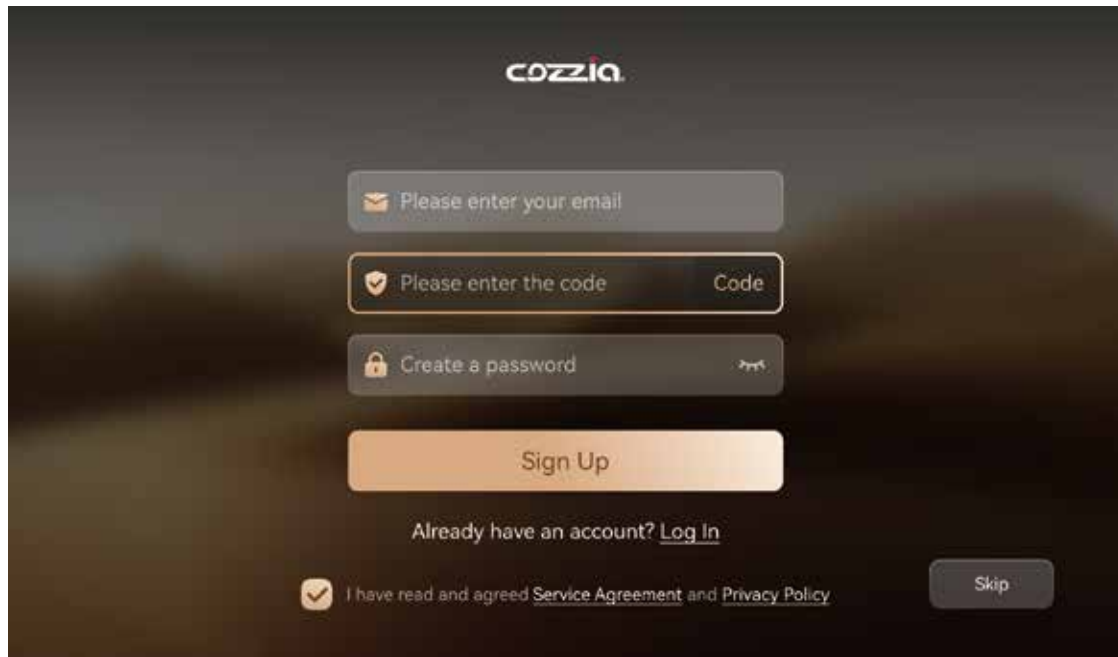


Choose the “User Account” icon to get to the account settings page

*A wifi connection is required before logging in to your account

After logging in to your account, you can save your own favorite programs and health data

Register an Account Interface



The image shows a registration form for Cozzia. At the top center is the Cozzia logo. Below it are three input fields: the first is for an email address with an envelope icon and the text "Please enter your email"; the second is for a verification code with a shield icon and the text "Please enter the code", and a "Code" button to its right; the third is for a password with a lock icon and the text "Create a password", and an eye icon to its right. Below these fields is a large orange "Sign Up" button. Underneath the button is the text "Already have an account? [Log In](#)". At the bottom left is a checked checkbox with the text "I have read and agreed [Service Agreement](#) and [Privacy Policy](#)". At the bottom right is a "Skip" button.

Enter your email address and click the "Code" button to get a verification code sent to your email

Enter the verification code from your email, then create your password

*Before registering an account, you need to agree to the service agreement and privacy policy

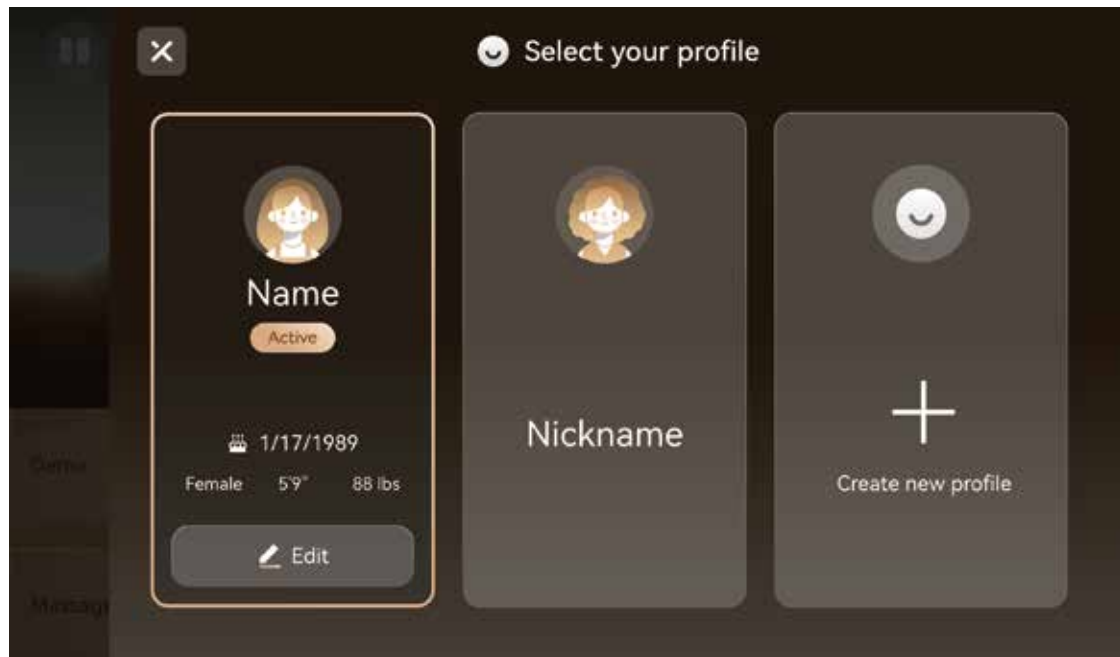
Account Login Interface



The image shows a dark-themed login interface for 'COZZIA'. At the top center is the 'COZZIA' logo. Below it are two tabs: 'Code Login' and 'Password Login', with 'Password Login' being the active tab. There are two input fields: the first is labeled 'Enter email address' with an envelope icon on the left; the second is labeled 'Enter password' with a lock icon on the left and a visibility toggle icon on the right. Below the password field is a link for 'Forgot Password'. A large orange 'Log In' button is centered below the input fields. At the bottom, there is a link 'Don't have an account? [Sign up](#)' and a checkbox labeled 'I have read and agreed Service Agreement and Privacy Policy'. A 'Skip' button is located in the bottom right corner.

If you already have an account, you can log in with your password or email verification code

Account Settings Interface



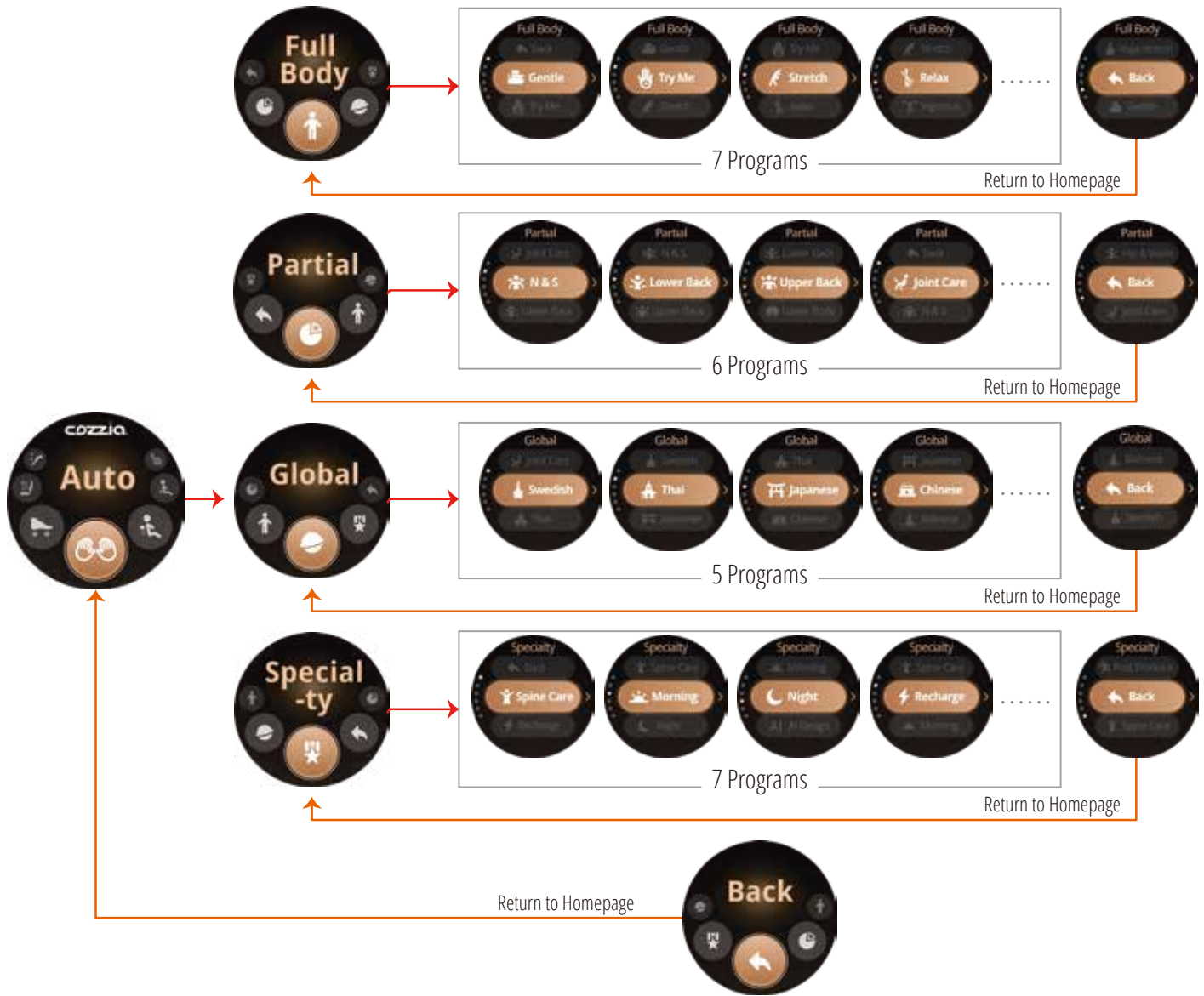
Here you can switch between accounts or edit your account information

SMART DIAL

Homepage



You can rotate the Smart Dial to select and adjust one of the seven available functions (Auto, Adjust, Upper, Lower, Foot-Rest, Heat, FootRoller)



You can rotate and press the Smart Dial to activate one of the 25 auto massage programs

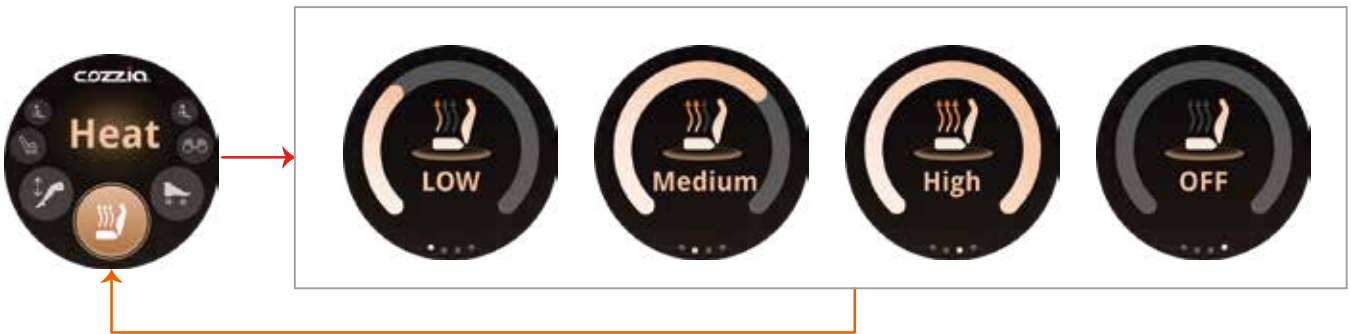
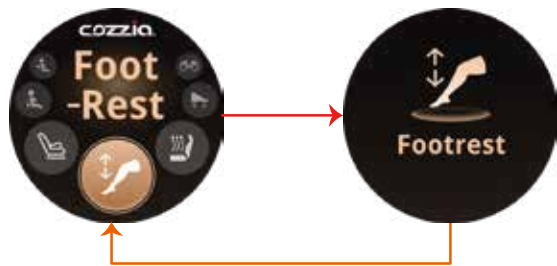


You can rotate and press the Smart Dial to activate the chair's preset positions



You can rotate the Smart Dial to adjust the massage intensity of the upper and lower mechanisms

Pressing down on the Smart Dial will return you to the home screen



You can rotate the Smart Dial to adjust the footrest position, heat temperature, and on/off function of the foot roller

Pressing down on the Smart Dial will return you to the home screen

AUTO PROGRAM DESCRIPTIONS

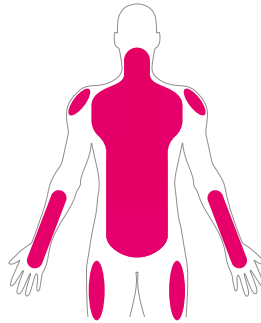
Let's dig a little deeper and discover the details of our pre-programmed massages.

Try Me



A 5 minute whole body massage for those on the go.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES

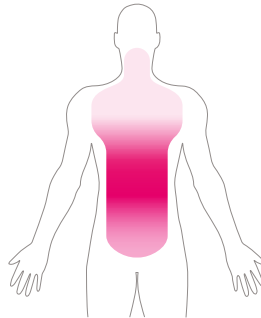


Gentle



A program designed to provide a quiet, gentle massage that is good for beginners or those that prefer a soft touch.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES

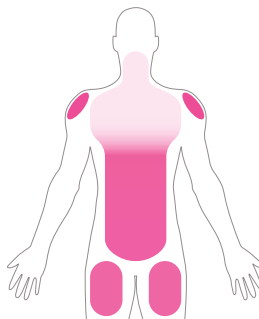


Stretch



This massage will stretch your legs and back with a combination of gentle tapping, rolling, and air compression.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES

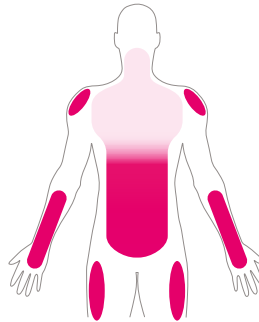


Spine Care



This program provides a deep tissue massage that relaxes the spine.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



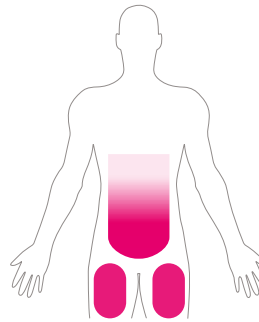
SHIATSU SWEDISH

Joint Care



This program will focus on your leg muscles.

FOCUS AREAS



INTENSITY

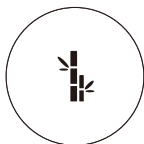


FOCUS TECHNIQUES



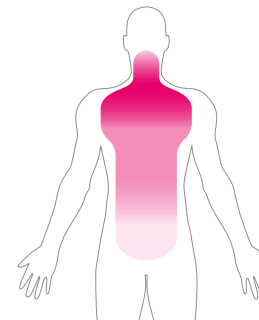
SWEDISH CLAPPING

Relax



A program designed to provide a mild massage that is great for deep relaxation, best used before going to sleep.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



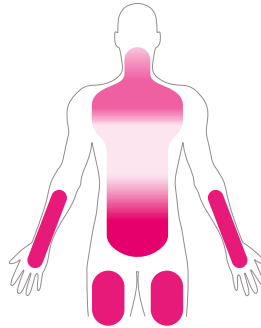
KNEADING SWEDISH

Vigorous



This massage will combine vigorous tapping on your lower back and an air massage focused on your thighs and legs.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



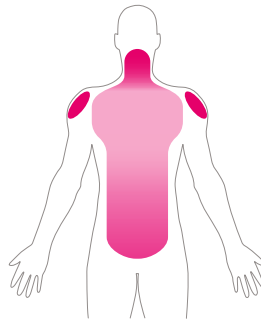
TAPPING KNEADING

Neck & Shoulder



This massage will focus on your shoulders and neck using a combination of kneading and shiatsu techniques.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



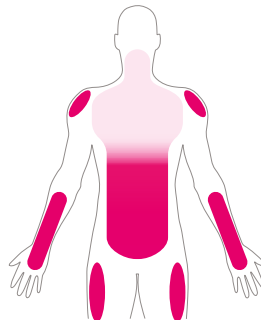
KNEADING TAPPING

Lower Back



This massage will focus on your lower back with a deep massage that includes air compression.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



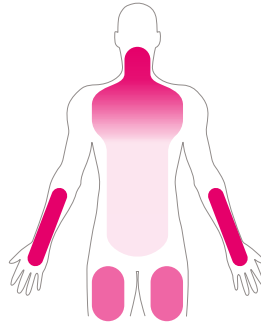
TAPPING KNEADING

Upper Back



This massage will focus on your neck, shoulders, and legs with a slow massage that incorporates soothing heat.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



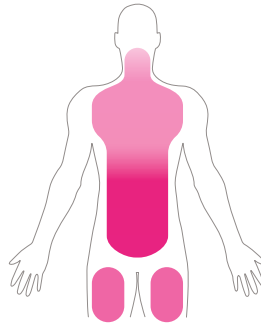
KNEADING TAPPING SWEDISH

Lower Body



This is a partial body program that focuses air compression and vibration on the lower body.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



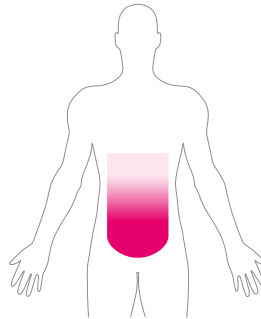
KNEADING ROLLING

Hip & Waist



A program that helps you relax your waist and hip muscles.

FOCUS AREAS



INTENSITY

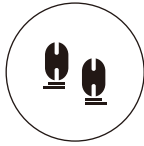


FOCUS TECHNIQUES



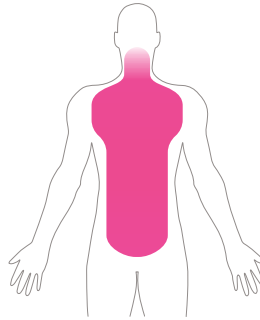
CLAPPING TAPPING

Rolling



This program will massage from your neck down to your hips, using the ultra rolling technique.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



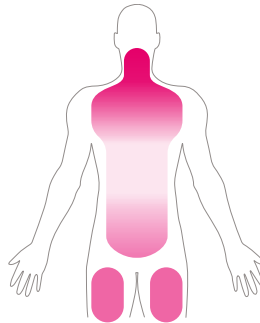
ROLLING

Swedish



This massage will start by traveling from your neck down to your glutes, and will finish with a soothing rocking motion.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



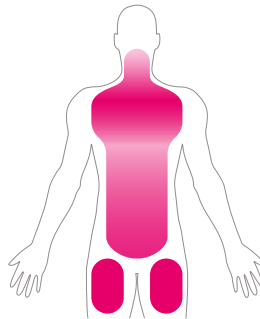
KNEADING TAPPING

Thai



This massage will focus on your mid back and upper shoulders with a deep tissue massage that will create an acupressure effect.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



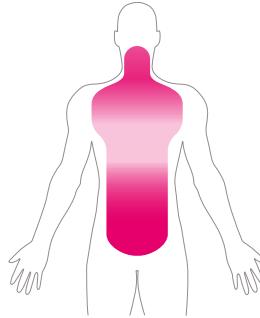
KNEADING TAPPING

Japanese



A program designed using Japanese-inspired techniques to improve your immune system, blood circulation, and aid in pain relief.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



SHIATSU



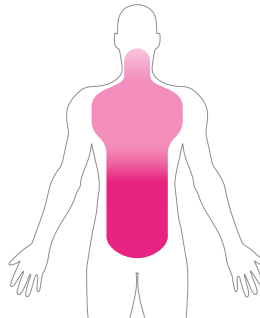
KNEADING

Chinese



This massage will focus on your entire back while also massaging your legs and feet.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



KNEADING



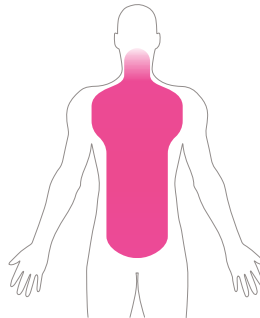
TAPPING

Balinese



This massage will focus on your back and spine using fast, ultra kneading and tapping techniques.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



KNEADING



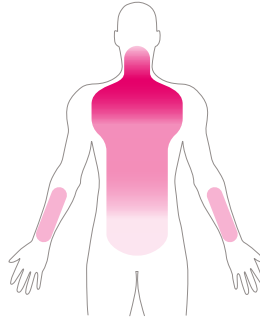
TAPPING

Morning



This program is a relaxing massage that will help ease you into your day.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



KNEADING

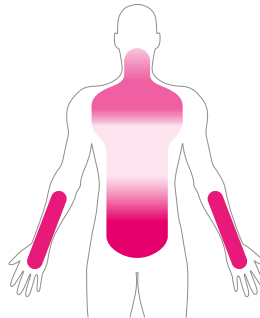
SWEDISH

Night



The program is a calming massage that will get your mind and body ready for bed.

FOCUS AREAS



INTENSITY



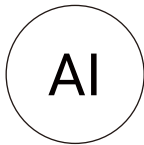
FOCUS TECHNIQUES



KNEADING

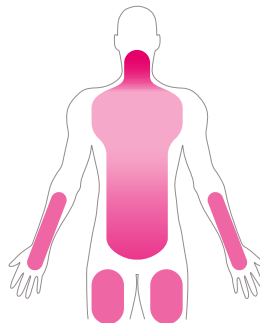
TAPPING

AI Design



A full body massage that centers on kneading and tapping, with a stretching function. This program enables users to achieve the effect of relaxing the whole body and refreshing the mind.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



SWEDISH

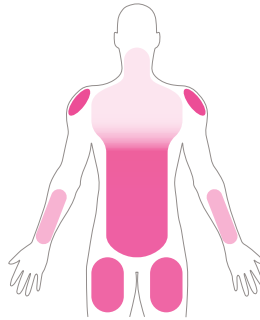
KNEADING

Post Workout



A program that is designed to help your muscles recover and to relieve body tension after you exercise.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



KNEADING

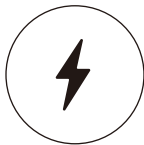


SWEDISH



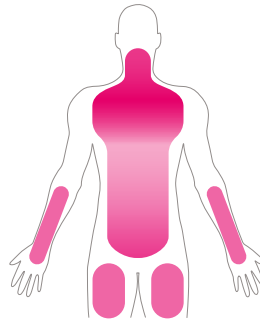
TAPPING

Recharge



Use this program when you are tired to reenergize your body.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



KNEADING



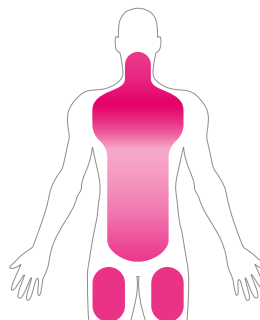
ROLLING

Yoga Stretch



This program uses yoga exercises (asana) for warm up and stretching - this helps you wake up quickly and provides a gentle stretch for the muscles.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



KNEADING



TAPPING



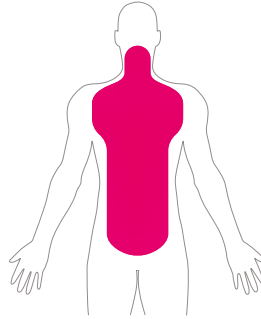
CLAPPING

Deep Tissue



A deep tissue massage to relieve your muscle tension.

FOCUS AREAS



INTENSITY



FOCUS TECHNIQUES



KNEADING



TAPPING



ROLLING



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